



Groundwork's Wish List for Impact 100 Traverse City

Transforming Regional Health Through Tech:

Connecting Farms, Food & Health in a Teaching Kitchen

Traverse City, MI | www.groundworkcenter.org

Groundwork is a think-and-do center—a trusted partner helping communities thrive by working side-by-side with people to make daily life in Michigan healthier and more sustainable.

We believe a better world is possible. We think you believe that, too. **Giving today turns that belief into action.**

There are many ways to support Groundwork. Please check out our website for the latest on you can take action on transportation, energy and food initiatives.

Time

We're always looking for volunteers to assist during cooking classes and events—especially with setup, cleanup, and participant support. No culinary experience required—just a desire to help neighbors learn, cook, and thrive. For more information about ways to help out in the kitchen for upcoming events, reach out to Groundwork's Community Nutrition Specialist, Paula Martin, at paula.martin@groundworkcenter.org.

Talent

Groundwork's Advisory Council is a great way to lend expertise and skills to the organization without having the full responsibility and commitment of the Board of Directors. To learn more about how you can plug in, contact Groundwork's Executive Director, Elizabeth Palchak, at Elizabeth.palchak@groundworkcenter.org

Goods

Support our Teaching Kitchen expansion by helping us outfit the kitchen with tools and ingredients. We are always seeking partnership opportunities that will help the kitchen grow and thrive into the future. To learn about equipment sponsorship opportunities, contact Groundwork's Development Director, Meg Delor, at meg.delor@groundworkcenter.org

When you support Groundwork, you're not just funding programs—you're investing in healthier kids and families, stronger communities and innovative solutions that last. For more ways to give, please contact Meg Delor, at meg.delor@groundworkcenter.org